

Archdiocese of Newark

November 2016

*continue on page 3*

# THANKSGIVING...

from page 1

## the Holy Eucharist; the Body and Blood of Christ.

**CCC 1328** The inexhaustible richness of this sacrament is expressed in the different names we give it. Each name evokes certain aspects of it. It is called: Eucharist, because it is an action of thanksgiving to God. The Greek words *eucharistein* and *eulogein* recall the Jewish blessings that proclaim - especially during a meal - God's works: creation, redemption, and sanctification.

**CCC 1329** The Lord's Supper, because of its connection with the supper which the Lord took with his disciples on the eve of his Passion and because it anticipates the wedding feast of the Lamb in the heavenly Jerusalem.

The Breaking of Bread, because Jesus used this rite, part of a Jewish meal when as master of the table he blessed and distributed the bread, above all at the Last Supper. It is by this action that his disciples will recognize him after his Resurrection, and it is this expression that the first Christians will use to designate their Eucharistic assemblies; by doing so they signified that all who eat the one broken bread, Christ, enter into communion with him and form but one body in him.

The Eucharistic assembly (synaxis), because the Eucharist is celebrated amid the assembly of the faithful, the visible expression of the Church.

**1330** The memorial of the Lord's Passion and Resurrection. The Holy Sacrifice, because it makes present the one sacrifice of Christ the Savior and includes the Church's offering. The terms holy sacrifice of the Mass, "sacrifice of

praise," spiritual sacrifice, pure and holy sacrifice are also used, since it completes and surpasses all the sacrifices of the Old Covenant.

The Holy and Divine Liturgy, because the Church's whole liturgy finds its center and most intense expression in the celebration of this sacrament; in the same sense we also call its celebration the Sacred Mysteries. We speak of the Most Blessed Sacrament because it is the Sacrament of sacraments. The Eucharistic species reserved in the tabernacle are designated by this same name.

**1331** Holy Communion, because by this sacrament we unite ourselves to Christ, who makes us sharers in his Body and Blood to form a single body. We also call it: the holy things (ta hagia; sancta) - the first meaning of the phrase "communion of saints" in the Apostles' Creed - the bread of angels, bread from heaven, medicine of immortality, viaticum. ...

**1332** Holy Mass (Missa), because the liturgy in which the mystery of salvation is accomplished concludes with the sending forth (missio) of the faithful, so that they may fulfill God's will in their daily lives.

## Thanksgiving Prayer

Almighty and ever living God, we love you and we glorify you for revealing to us the mystery of our faith through the gift of your Son, Jesus Christ.

Jesus Christ, our Lord and Savior; we adore you and we thank you for giving us the Eucharist as the memorial of your suffering and death; as source of nourishment, strength and sanctification. Grant us the grace to carry out your command to celebrate the memorial of your sacrifice. By doing so, we offer to the Father what he has himself given us; the

gifts of his creation, bread and wine which, by the power of the Holy Spirit and by your words have become your body and blood. You, O Christ, are really and mysteriously made present.

*Father, Son and Holy Spirit, we are truly grateful for all the blessings, provisions and guidance you continuously pour upon us. Thank you for the gift of family, relatives, friends, priests, teachers, religious and government leaders. Through them we have felt your love and seen your victorious hand. Thank you for you chose us and appointed us to be adorers of the Blessed Sacrament and devotees of the Blessed Virgin Mary. May by your grace and anointing we will persevere to go and bear fruit that will remain; to love one another as you have loved us.*

On this coming Thanksgiving Day Celebration, we pray that you gather and unite all families in your love, peace and joy. Amen.

**A Blessed  
and Happy  
Thanksgiving  
to all!**

## Eucharistic Prayers

**A**lmighty and eternal God, in your presence, we trust in You. With faith, we receive instructions from you for You are the God of Grace, the God of Love and the God of Mercy. You called us to know you, to love you and to serve you. We are your children, who choose to follow you and with unshakable faith, we come to you in prayers. "Lord Jesus, You are the Christ, the Son of the Living God." We believe in Your Real Presence in the Blessed Sacrament. With eyes of faith, we kneel, pray, adore and worship you.

O Adorable Savior, source of beauty, full of majesty and glory; how great is your power and boundless is your love!

As we come to your altar, turn your merciful gaze upon us, soak us in your holiness, guide and bring us safe to your heavenly Kingdom. We are longing to see your face that we may become radiant with joy as we come, visit and adore you in the Most Blessed Sacrament.

## Spiritual Journey

*from page 1*

and joys and trust that God will give us what we most need.

In our society we are inclined to avoid hiddenness. We want to be seen and acknowledged. We want to be useful to others and influence the course of events. But as we become visible and popular, we quickly grow dependent on people and their responses and easily lose touch with God, the true source of our being. Hiddenness is the place of purification. In hiddenness we find our true selves.

Divine Spirit, You are the light of the world, breathe into us so we may follow You steadfastly and enduringly to the path of life. Guide and strengthen us against the temptations and darts of darkness along the way.

Sweet Spirit Divine, heal and cleanse us from all our sinfulness. Grant us the grace to pray, study and reflect on your word unceasingly with patience, persistence and perseverance. We trust in you Lord! We know that all we do is in your hands.

Holy Spirit of the Living and true God, You are Infinite Wisdom! Come and enlighten us with Your Mighty Word! Teach us to do your ways. Cleanse the desires and intentions of our imperfect hearts. Purify and make our hearts to be one and united with You.

Spirit of Christ, breathe into us your breath of life. Purify us with your holy fire and fill us with your Divine Spirit. Amen.

## Healing Prayers

*from page 4*

**J**esus Christ, son of man and son of the living God, you are the Lord of the sabbath. You said you desire mercy and not sacrifice. There is no law that is above you O Lord. Give us the grace of wisdom and practical discernment as we work in your vineyard. Free our hearts from passing judgment when we see others deviating from traditional ways of worshiping you. Help us to meditate on your word to enlighten us so we will see the light of your guidance and direction at all times. Enable us to be merciful as the Father is merciful. To be

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THE SIZE  
OF A MUSTARD SEED,  
YOU WOULD SAY  
TO THIS MULBERRY TREE,  
'BE UPROOTED AND  
PLANTED IN THE SEA,'  
AND  
IT WOULD OBEY YOU."**

gentle and not harsh in dealing with others. Thank you sweet Jesus for your loving reminder. Amen.

**L**ord Jesus, You are the Merciful Savior! You desire mercy for all men and came to save us from eternal damnation. Blessed are You, Lord God who made heaven and earth and all that is in it! Your mercy endures forever! Let Your Holy Countenance shine upon your servants and bless our activities in ministry. We are here to serve, honor and obey Your Divine Will. Strengthen and assist us to persevere. You are the Lord of the Sabbath and we worship, adore and give You thanks. You know our hearts, dear Lord, continue to bless us as we serve the sick, the lonely and the downtrodden. Mother Mary, Our Lady of the Rosary, pray for us. Amen.



