



"Come to me, all you who labor and are burdened, and I will give you rest." (Mt 11:28)

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Servant's Prayer

Not to us, Lord, not to us but to your name give glory because of your mercy and faithfulness. In the joy and comfort of your love we live in peace with faith and hope in your grace. You guide and lead us to the path of holiness through the light of Christ and the truth of the Holy Spirit. As members of the body of Christ, we humbly submit our lives to your holy will and incline our ear to your living word.

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Directions

1. Give thanks to God at all times.
2. Do corporal and spiritual works of mercy.
3. Trust that God will provide for our daily needs.

VISION

With technological advancement to propagate the faith, the Eucharistic Love Community adheres to the evangelization effort of the Roman Catholic Church. Its global presence shall become the cornerstone of the individual calling of all servants. All for God's glory!

MISSION

As zealous friends of the Lord, the Eucharistic Love Community promotes and shares God's healing presence through the Holy Eucharist with strong Marian Devotion.

BEARING EVERYTHING FOR GOD SO THAT HE IN TURN MAY BEAR WITH US

From the beginning of a letter to Polycarp by Saint Ignatius of Antioch, bishop and martyr

Ignatius, also called Theophorus, to Polycarp, who is bishop of the Church of Smyrna, or rather who has for his bishop God the Father and the Lord Jesus Christ, greetings and all good wishes.

Recognizing your devotion to God, firmly built as if upon a solid rock, I am full of thanksgiving to him for allowing me to see your blessed countenance—may I for ever enjoy the sight of it in God! I beseech you by the grace with which you are endowed to press forward on your course and to exhort all men to salvation. Justify your episcopal dignity by your unceasing concern for the spiritual and temporal welfare of your flock; let unity, the greatest of all goods, be your preoccupation. Carry the burdens of all men as the Lord carries yours; have patience with all in charity, as indeed you do. Give yourself to prayer continually, ask for wisdom greater than you now have, keep alert with unflagging spirit. Speak to each man individually, following God's example; bear the infirmities of all, like a perfect athlete of God. The greater the toil, the richer the reward.

If you love only your good disciples, you gain no merit; rather you must win over the more troublesome of



them by kindness. The same salve does not heal all wounds; convulsions should be allayed with poultices. Be prudent as the serpent in all things, and innocent as the dove always. You are both body and soul; treat gently the manifestations of human fault, even as you pray for the knowledge of things invisible, and then you will lack

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Spiritual Journey

We know we are spiritually growing by our obedience to the will of God. All that Jesus did or said, he did and said it as the obedient Son of God: "What I say is what the Father has taught me; he who sent me is with me, and has not left me to myself, for I always

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THE TRINITY: THE CENTRAL MYSTERY OF THE CHRISTIAN FAITH

Source: *Catholicism Study Guide* written by Carl E. Olson based on the series created by Rev. Robert E. Barron

God is one, holy, creator, omnipotent, and omniscient: all of this is held and affirmed by observant Jews and Muslims. So, what is distinctive about the Christian doctrine of God?

The answer is found in making the Sign of the Cross: belief that God is One and Three Persons—Father, Son and Holy Spirit. God, in his unity, is communion, a perfect and eternal exchange of love. The mystery of the Trinity is, the *Catechism* emphasizes, “the central mystery of the Christian faith and of Christian life. God alone can make it known to us by revealing himself as Father, Son and Holy Spirit” (par. 261).

The *Catechism* further notes that this great mystery is the most fundamental, essential teaching in the “hierarchy of the truths of faith” and that it is a mystery of faith “in the strict sense”—it cannot be known unless it has been revealed by God (par. 237). In *Theology and Sanity* (Ignatius Press, 1993; orig. 1946), Frank Sheed discussed the limitations of man’s imagination and intellect in relation to “what we call Mysteries in religion” (p 37). A religious or theological Mystery is not a puzzle or sheer darkness, he pointed out, nor is it “something that we can know nothing about: it is only something that the mind cannot wholly know” (p 38). He used the analogy of an art gallery into which the visitor walks deeper and deeper—never reaching the end but finding the visit to be completely satisfying. “A Mystery, in short, is an invitation to the mind.”

The well of Truth has no bottom

and we can drink from it endlessly, our minds never going away thirsty. A Mystery is revealed by God—it cannot be known by human reason, nor fully explained by logic or argument. “Thus in the Mystery of the Blessed Trinity, we cannot see how God can be Three if He is infinitely One” (p 38). The human mind balks at such a statement, seeing an apparent contradiction. Or, by faith, man can simply accept the Mystery of the Trinity. But while this might make for a quiet life, Sheed dryly observed, it does not make “for any growth in the knowledge of God” (p 39).

How did God specifically reveal this mystery? Through Jesus Christ, whose unique life, teachings, and actions set him apart from the great figures of the Old Testament such as Abraham, Moses, or Isaiah. While those men talked with God, Jesus spoke and acted in the very person of God. He spoke of God, but also spoke of his own divinity. The Old Testament, read in light of the revelation of the Trinity, contains hints and suggestions of this essential dogma (see CCC, 237). But the Triune nature of Yahweh, the great “I Am,” was revealed with the Incarnation, first at Jesus’ baptism in the Jordan River, and then in His teachings. Jesus spoke of the intimate communion between the Father, Son, and Holy Spirit. “All that the Father has is mine,” Jesus told the apostles, “therefore I said that he”—that is, the Holy Spirit—“will take what is mine and declare it to you” (Jn. 16:15). At the conclusion of St. Matthew’s Gospel, Jesus commissions the apostles, saying, “Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit” (Matt. 28:19). There is one “name,” but three Persons. The descent of the Holy Spirit after the glorification

of the son “reveals in its fullness the mystery of the Holy Trinity” (CCC 244; see Jn. 7:39; Acts 2:1-4). St. Augustine spent nearly twenty years writing *De trinitate* (The Trinity). One of his key points of his reflection was Genesis 1:26: “Let us make man to our image and likeness.” He saw this as a suggestion of a certain relationship and plurality within the Godhead. He wrote, “‘Let us make’ and ‘our’ are in the plural, must be understood in terms of relationships. For he did not mean that gods should do the making, it to the image and likeness of gods, but that the Father and the Son and the Holy Spirit should do it therefore to the image of Father and Son and Holy Spirit, so that man might subsist as the image of and God is the three.” (*De trinitate*, VII. 12) His consideration of this verse eventually led to his famous analogy of “I myself, what I love, and love itself” (IX.2), a Trinitarian image of lover, loved one, and love found within the human experience.

He also used the analogy of the human mind: *Mens, Notitia sui, Amor sui* (Mind, Self-Knowledge, Self-Love). The mind is not divided into three minds, but the one mind subsists in three modalities or relations. So the Father is the *Mens* of God, the primordial ground of the divine mind. The Son is the *Notitia Sui* of God, the self-possession of the Father, and the Spirit is the *Amor Sui* of God, the love breathed out between the Father and the Son. Augustine summed up the heart of the Church’s belief in the mystery of the Son, and Holy Spirit by simply stating, “If you see charity, you see the Trinity.” God is One and three Persons; He offers His divine life and love to those who believe in Him (CCC 257).

The Trinity is not just a mystery to us, but also *for* us.

BEARING ...

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nothing but abound in every blessing. Do as the circumstances require, like the pilot looking to the wind and the storm-tossed sailor to the harbor; that you may win your way to God with your people. Exercise self-discipline, for you are God's athlete; the prize is immortality and eternal life, as you know full well. In everything I am your devoted friend—I and my chains, which you have kissed.

Do not be overwhelmed by those who seem trustworthy and yet teach heresy. Remain firm, like the anvil under the hammer. The good athlete must take punishment in order to win. And above all we must bear with everything for God, so that he in turn may bear with us. Increase your zeal. Read the signs of the times. Look for him who is outside time, the eternal one, the unseen, who became visible for us; he cannot be touched and cannot suffer, yet he became subject to suffering and endured so much for our sake.

Do not neglect widows; after the Lord, it is you who must be their guardian. Nothing must be done without your approval, and you must do nothing without God's approval, as indeed is the case; stand firm. Services should be held often; seek out everyone by name. Do not look down upon slaves,

Spiritual Journey

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do what pleases him" (John 8:28-29). Spiritual growth is obtaining inner peace within ourselves, those around us and with nature. There are no divisions in Jesus' heart, no double motives or secret intentions. In Jesus there is complete inner unity because of his complete unity with God. Becoming like Jesus is growing into purity of heart. That purity is what gave Jesus and will give us true spiritual vision.

whether men or women; yet they too should not be arrogant, but should give better service for the glory of God so as to gain from him a better freedom. They should not be anxious for their freedom to be bought at the community's expense, for they might then prove to be the slaves of their own desires.

TO BE A FRIEND

On a bright quiet morning my soul takes delight. The words of love, hope and faith captivated my mind - nudging me to rise up and grab my notepad to write. With no delay I rushed to obey knowing that the Holy Spirit is prompting me. There is no doubt that God wants to send a message of comfort to those who feels forsaken, guidance to those who are lost and healing to those who are sick. That is the reason why He gives me these thoughts to share and make known. "It is a privilege to be a friend of God", I thought. He is a friend who inspires us with a promising and beautiful words to live by.

When your heart bursts with love, life becomes meaningful. When life is meaningful, your mind is renewed with hope. When hope dwells in our thoughts, our faith is strengthened. When our faith is strong, miracles happen. When miracles happen, we know that there is God. Where there is God; love, hope and faith remain. Love of God, hope in Christ and faith in the Holy Spirit brings about full assurance of eternal life. Eternal life is joy and peace in the Triune God.

So let these words permeate your being. Let it settle in the marrow of your bones. Let it rest in your gentle mind. Let it dwell in your heart and find its way to your lips. Declare God's love for us and our hope in Christ through the sweet promptings of the Advocate. God is near and he is in our midst. Let us rejoice for he truly cares. *To be a friend of God is life eternal.*

Healing Prayers

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hiddenness in the Sacred White Host, our generous provider, sublime, eternal King of Kings, Lord of Lords and the Great I Am! Be honor, glory and thanksgiving are Yours now till the end of time. Amen.

Sweet Jesus, you are truly a majestic King and awesome miracle worker for your power rules the whole creation. No one is more kingly than you but you chose to be one of us to show us how much the Father love and care for us. You fed five thousand people from five barley loaves and two fish. Nothing is impossible in your reign dear Lord. That is why when the road gets rugged and our lives are bumpy, we know in our hearts that you will not forsake us - there is hope in you. With your love and compassion you will cover us with love, peace, joy, blessings and provisions as we need it. All you want us to do is recline and wait on your grace to greet us with great surprise. *Jesus, bread of life, your real presence in the Holy Eucharist satisfies our spiritual needs and sustains us in our daily living. You are the light and salvation of the world. Grant us the desire to seek you amid all circumstances.* We want to dwell in your house O Lord of Hosts - Our deliverer, provider, strength, hope and comforter - Our ALL IN ALL. Immaculate Heart of Mary, consecrate us to your Son and pray for our commitment to follow Jesus in obedience to the Father's will with the empowerment of the Holy Spirit. Amen.

Healing Prayers

Jesus, our Eucharistic Lord, You are the celestial and living Bread that nourishes and strengthens us amidst life's adversities. As we gaze and adore Your loveliness and contemplate at Your Real Presence at the altar of grace, we believe we will see Your bounty and abundant provisions for all people who indefatigably seek and wait for You. You are our life's refuge, our light and salvation, whom then should we fear? *Jesus, our "Eucharistic Bread of Life", Bread of Angels and "Medicine for Immortality" --- we give You praises and thanks for You are just, holy and merciful.* Infinitely compassionate Jesus, may our adoration become a privileged time spent as in paradise, beholding You in the silence and stillness of the inner sanctuary of our souls, we proclaim Your humility and

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Servant's Prayer

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Jesus, present and alive in the Sacrament of Love, you said to your apostles; the kingdom of heaven is at hand. Cure the sick, raise the dead, cleanse the lepers, drive out demons and strengthen the weak. Without cost you have received; without cost you are to give.

You are my hands, my heart, my voice and my feet.

Go forth and become fishers of men.

Offer your time, talent and treasure to those in need.

Spread my word and proclaim my Eucharistic Kingdom.

Abide in my love and remain in my word so you will have eternal life.

Here we are O Lord, ready to do your will. Amen.

Prayer Requests

"Come to me, all you who labor and are burdened and I will give you rest." (Matt 11:28)

Lord, we lift up to you all prayer intentions of our brothers and sisters who need your healing love and presence, especially those petitions we received through <http://EucharisticLove.org>, <http://2000HailMarys.org> and individual forms submitted during our community services.

**Dear Lord,
we thank you
for all
the blessings
you showered
upon us
and all
answered prayers.**

HEALING THROUGH THE HOLY EUCHARIST COMMUNITY CALENDAR

ACTIVITY	WHEN	VENUE
Healing Service with Eucharistic Celebration	Every First Monday of the month 8:00 PM	Resurrection Parish - St. Bridget Church
Healing Service with Eucharistic Adoration	All other Mondays of the month 8:00 PM	Resurrection Parish - St. Bridget Church
2000 Hail Mary's with Eucharistic Celebration	Every last Saturday of the month 8:30 AM	Resurrection Parish - St. Bridget Church
Holy Hour of Eucharistic Adoration	Every second Saturday of the month 9:00 AM	Resurrection Parish - St. Bridget Church
	Every Monday before 2000 Hail Mary's 8:30 PM	

[HTTP://EUCHARISTICLOVE.ORG](http://EucharisticLove.org)

[HTTP://2000HAILMARYS.ORG](http://2000HailMarys.org)

Resurrection Parish - St. Bridget Church • 372 Montgomery St., Jersey City, NJ 07302